

The 6th Annual Diabetes/Heart Disease & Stroke Winter Symposium

Evidence-Based Management – Improving Diabetes & Cardiovascular Care: Effective Communication to Improve Outcomes



February 22 – 23, 2008
Crown Reef Resort and Convention Center
Myrtle Beach, S.C.

Jointly Sponsored by:
The Medical University of South Carolina
South Carolina Diabetes Prevention and Control Program
DHEC Heart Disease and Stroke Prevention Division
In Cooperation with
The Diabetes Initiative of South Carolina
Diabetes Today Advisory Council

WHO SHOULD ATTEND/PROGRAM DESCRIPTION

The sessions offered at this program have been specifically designed for primary care physicians, podiatrists, physician assistants, diabetes educators and nurse practitioners. The information to be presented is equally relevant to pharmacists, nurses, dietitians, certified health education specialists and social workers that will benefit from a comprehensive diabetes update. The program is designed to review the latest issues in diabetes management as it relates to blood pressure, lipids, and blood sugar control.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Medical University of South Carolina and SC DHEC. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

STATEMENT OF PURPOSE

To address the burden of diabetes, heart disease, and stroke in South Carolina through education to improve patient outcomes. In the past several years, the state has ranked very high in the nation for diabetes prevalence and stroke/cardiovascular disease deaths.

CREDIT DESIGNATIONS

Physicians

The Medical University of South Carolina designates this educational activity for a maximum of 9.0 Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those credits he/she actually spends in the educational activity.

Nurses

CEUs have been applied for.

Registered Dietitians

Registered Dietitians can apply for CEUs.

Social Workers

SC DHEC is approved by the SC Board of Social Work Examiners to provide continuing education contact hours for social workers. A certificate of attendance will be provided at the end of the conference.

Certified Health Education Specialists (CHES)

CHES Category I hours have been applied for.

Recognition Awards

Applications for the recognition awards may be submitted by an individual, organization, or association for any of the six awards categories listed in the attached application:

- (1) DHEC Regional Diabetes Educator of the Year Award
- (2) Certified Diabetes Educator of the Year Award
- (3) Primary Health Care Provider of the Year Award
- (4) Community Health Center of the Year Award
- (5) Power to End Stroke Ambassador of the Year Award
- (6) American Heart Association/American Stroke Association – Get with the Guidelines Distinguished Hospital of the Year Award

The last four pages of this document comprise the Recognition Awards Application. Please consider nominating your colleague, place of employment, etc. The application must be submitted no later than February 1, 2008.

REGISTRATION FEES

	On or before 2/01/08	Post Marked After 2/01/08
MDs	\$ 125	\$150
Other Health Care Providers	\$100	\$125

The fee includes dinner, continental breakfast, coffee breaks, lunches, and course syllabus. MD fee includes continuing education hours.

REGISTRATION PROCEDURE

Please complete the registration form attached to this brochure. Return form and check to:

**DTAC, PO Box 12053, Columbia, SC 29211

Complete awards nomination form, if applicable. The nomination form may be e-mailed to: Stepnells@dhec.sc.gov, or mailed to: Lanique Stepney, SC Diabetes Prevention and Control Program, 1777 St. Julian Place, Columbia, SC 29204.

** The Diabetes Today Advisory Council (DTAC) is a group of volunteer community leaders and health care professionals dedicated to the education of South Carolinians on the seriousness of diabetes and ways to control the disease. They have agreed to serve as the fiscal agent for the symposium.

HOTEL ACCOMMODATIONS

Rooms have been reserved for this conference at The Crown Reef South Beach Resort, located at 2913 South Ocean Blvd., Myrtle Beach, SC 29577. Hotel conference rates are \$39 - \$45. Hotel rates are subject to a 10% sales tax and \$3.85 resort fee. Room space will be held until February 04, 2008. Reservations can be made by calling the hotel directly at 1-800-405-REEF or by e-mail at CrownReef@aol.com.

AMERICANS WITH DISABILITIES ACT

It is the policy of SC DHEC not to discriminate against any person on the basis of disability. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the SC Diabetes Prevention and Control Program at (803) 545-4471 or e-mail: Stepnells@dhec.sc.gov by January 18, 2008.

CLIMATE AND CONFERENCE DRESS

During the month of February, temperatures in Myrtle Beach range in the upper 50s for highs and lows in the 40s. As the temperature in meeting rooms may vary, you should bring a sweater or jacket. Conference dress is business casual.

INFORMATION

For more information, please call Lanique Stepney with the SC Diabetes Prevention and Control Program at (803) 545-4471. The e-mail address is: Stepnells@dhec.sc.gov.

This program is presented by the South Carolina Diabetes Prevention and Control Program (SCDPCP), the Heart Disease & Stroke Prevention Division (HDSP), The Medical University of South Carolina (MUSC), the Diabetes Initiative of South Carolina (DSC), and the Diabetes Today Advisory Council (DTAC). The SC DPCP is a CDC-sponsored program aimed at reducing the burden of diabetes in South Carolina. It is a statewide program of health systems change, health communication, and community coalitions and education. The DHEC Heart Disease & Stroke Prevention Division's mission is to prevent and reduce heart disease and stroke in South Carolina by striving to achieve systems and environmental change. The SC DPCP and the HDSP Division are both housed at SC DHEC within the Bureau of Community Health and Chronic Disease Prevention.

DISCLOSURE STATEMENT

Disclosure of Financial Relationships: The Medical University of South Carolina adheres to the ACCME requirements on disclosure. Information about relationships of presenters with commercial interests will be included in material distributed at the time of the conference.

Disclosure of non-FDA approved uses for pharmaceutical products and/or medical devices: As an ACCME accredited provider of continuing medical education, the Medical University of South Carolina requires that all faculty presenters identify and disclose any "off label" uses for pharmaceutical and medical device products in their presentations or materials.

CANCELLATIONS

A refund will be made upon written request prior to February 15, 2008; however, \$25.00 will be retained for administrative costs.

No refunds will be made after February 15, 2008.

We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The conference sponsors cannot be responsible for reimbursement of airline or other transportation fares or hotel or rental car charges, including penalties.

FRIDAY, FEBRUARY 22, 2008

12:00 PM – 1:30 PM

Minority CDE Luncheon (Invitation Only)

Hosted by Diabetes Today Advisory Council (DTAC)

1:00 PM – 1:45 PM

Registration

1:45 PM – 2:00 PM

Welcome to the 6th Annual Diabetes/Heart Disease & Stroke Winter Symposium

Joy F. Brooks, MHA

Health Systems Coordinator, SC DHEC Division of Heart Disease & Stroke Prevention

Yaw Boateng, MS, MPH, RD, CDE

Health Systems Coordinator, SC DHEC Division of Diabetes Prevention and Control

Moderator – *Deitra Watson, PhD, RN, CHES*

Clinical Instructor, University of South Carolina, College of Nursing

2:00 PM – 3:00 PM

Delivery System Design and Clinical Information System

Randy Carlyle, MT (ASCP), MPA

Director of Patient Services, Robeson Health Care Corporation

3:00 PM – 4:00 PM

Exhibits, Refreshments, Networking

4:00 PM – 5:00 PM

Youth & Cardiometabolic

Pamela Clark, MD

Pediatric Endocrinologist, McLeod Pediatric Sub-Specialists

5:00 PM – 6:00 PM

Panel: Resources/Websites

Gwen A. Davis, MN, RN, CDE

State Coordinator for Diabetes Education, SC DHEC Home Health Services

Carolyn Jenkins, DrPH, RD, APRN, FAAN

Professor, College of Nursing, Medical University of South Carolina
Outreach Council Chair, Diabetes Initiative of SC

Katy L. Wynne, EdD, MSW

Tobacco Cessation Consultant/SC Quitline Manager, SC DHEC Division of Tobacco Prevention & Control

6:00 PM – 6:30 PM

Carb Counting

Mary Ellen Scarborough, RD, CDE

Coordinator, Diabetes Self Management Education Program,
Grand Strand Regional Medical Center

6:30 PM – 8:00 PM

Dinner & Motivational Speaker

Glenda Doles

Personally Speaking

8:00 PM – 8:15 PM

Remarks/Adjournment

SATURDAY, FEBRUARY 23, 2008

7:15 AM – 8:15 AM

Breakfast & Exhibits

Moderator – *Tammy Turner, MSN, RN, CDE*

Diabetes Program Manager, SC DHEC/Public Health Region 4

8:15 AM – 8:25 AM

Welcome

Lisa Waddell, MD, MPH

Deputy Commissioner of Health Services, SC DHEC

8:30 AM – 9:15 AM

**State of the State: Diabetes/Cardiovascular Diseases -
Where are we in South Carolina?**

Dan Lackland, DrPH

Professor, Dept. of Biometry & Epidemiology, MUSC

9:15 AM – 10:15 AM

Update on Standards of Care: Diabetes/Cardiovascular Diseases

Sherita Hill Golden, MD, MHS

Director, Inpatient Diabetes Management Service, Welch Center for Prevention,
Epidemiology and Clinical Research, JHU School of Medicine

10:15 AM – 10:45 AM

Break & Exhibits

10:45 AM – 11:30 AM

Diabetes/Cardiovascular Medications Update

Kelly Jones, PharmD, BCPS

Associate Professor of Family Medicine, McLeod Family Medicine Center

11:30 AM – 12:15 PM

Alternative Medicine in the Treatment of Diabetes/Cardiovascular Diseases

Sharm Steadman, PharmD, BCPS, FASHP, CDE

Professor, Dept. of Family & Preventative Medicine, University of South Carolina

12:15 PM – 1:15 PM

Lunch/Awards Presentation

1:30 PM – 2:15 PM

Importance of Health Literacy in Behavior Change

Thomas Gordon, PhD

Founder & Principal, TAGA Consulting

2:15 PM – 3:15 PM

Effective Doctor/Patient Communication: Preventing Barriers

Beverly Coleman-Miller, MD, BSN

Senior Medical Director, Health Education Network

3:15 PM – 3:40 PM

Patient Experiences with Patient/Doctor Communication:

Florene Linnen

Georgetown Diabetes Core Group

3:40 PM – 3:50 PM

Closing Remarks/Evaluation

Dory Masters, MEd, CHES

Division Director, SC DHEC/Heart Disease & Stroke Prevention

Rhonda L. Hill, PhD, CHES

Division Director, SC DHEC/Diabetes Prevention & Control Program

OBJECTIVES

At the conclusion of this conference, the participants should be able to:

1. Describe the components of the chronic care model and how it can be implemented at the local clinic.
2. Describe the “planned visit” to help patients self-manage chronic conditions.
3. Describe the concept of cardiometabolic risk factors and how it relates to diabetes/cardiovascular conditions in youth.
4. Access resources in South Carolina for the management of diabetes/cardiovascular conditions.
5. Understand the concept of basic carbohydrate counting and its application in glycemic management.
6. Describe the prevalence and level of control and management of diabetes/cardiovascular diseases in South Carolina.
7. Describe the current recommended standards of care of diabetes/cardiovascular diseases.
8. Recognize alternative treatments of diabetes/cardiovascular diseases.
9. Describe the advances of pharmacology in the treatment of diabetes/ cardiovascular diseases.
10. Recognize the components of effective communication to prevent or remove barriers between patients and care providers to improve outcomes.

CONFERENCE PLANNING COMMITTEE

Pamela Benjamin

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Yaw Boateng, MS, MPH, RD, CDE

Health Systems Coordinator
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Health Systems Coordinator
 SC DHEC/Division of Heart Disease & Stroke Prevention
 1777 St. Julian Place
 Columbia, SC 29204

Minnie Cleveland, RN, CDE

Clinical Nurse Specialist/Program Coordinator
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James L. Coleman, EdD

Chief Executive Officer
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Rhonda L. Hill, PhD, CHES

Division Director
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Marianne Holmes, FNP, CDE

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Professor, College of Nursing
 Outreach Council Chair
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 99 Jonathan Lucas Street, Room 425
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Epidemiologist
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Michelle Moody, BA, CHES

Statewide Coalition Coordinator
 SC DHEC/Diabetes Prevention & Control Program
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Anderson Area Medical Center
 Diabetes Education Department
 414 N Fant Street
 Anderson, SC 29621

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Professor
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 University of South Carolina
 Columbia, SC 29208

Elizabeth Todd Heckel, MSW, CDE

Program Director, USC/DSC Site
University of South Carolina
Columbia, SC 29208

Tammy Turner, MSN, RN, CDE

Diabetes Program Manager
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Barbara Wright Downs

Diabetes Community Liaison
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Patricia Vatrano

Quality Assurance Coordinator
Sumter Family Health Center
1278 N. Lafayette Drive
Sumter, SC 29150

Deitra Watson, PhD, RN, CHES

Clinical Instructor
University of South Carolina, College of Nursing
Columbia, SC 29210

CONFERENCE FACULTY

Randall M. Carlyle, MT (ASCP), MPA

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 Robeson Health Care Corporation
 204 West MLK Drive
 Maxton, NC 28364

Pamela Clark, MD

Pediatric Endocrinologist
 McLeod Pediatric Sub-Specialists
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 Florence, SC 29506

Beverly Coleman – Miller, MD, BSN

Senior Medical Director
 Health Education Network
 1250 Connecticut Avenue, NW #200
 Washington, DC 20036

Gwen A. Davis, MN, RN, CDE

State Coordinator for Diabetes Education
 SC DHEC Home Health Services
 1751 Calhoun Street
 Columbia, SC 29201

Glenda Doles

Motivational Speaker
 Personally Speaking
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 Gastonia, NC 28054

Sherita Hill Golden, MD, MHS

Associate Professor of Medicine and Epidemiology
 Chairperson, Glucose Control Task Force
 Director, Inpatient Diabetes Management Service
 Johns Hopkins University School of Medicine
 Division of Endocrinology and Metabolism
 Welch Center for Prevention, Epidemiology and Clinical Research
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 Outreach Council Chair
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Florene Linnen

Georgetown Diabetes Core Group
 404 Andrew Drive
 Georgetown, SC 29440

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Lisa Waddell, MD, MPH

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 Columbia, SC 29211

Katy L. Wynne, EdD, MSW

Tobacco Cessation Consultant/SC Quitline Manager
 SC DHEC Division of Tobacco Prevention & Control
 1777 St. Julian Place
 Columbia, SC 29204

REGISTRATION FORM

The 6th Annual Diabetes/Heart Disease and Stroke Prevention Winter Symposium Evidence-Based Management – Effective Communication to Improve Outcomes

February 22 – 23, 2008
 Crown Reef Resort and Convention Center, 2913 Ocean Blvd.
 Myrtle Beach, SC 29577

DIRECTIONS: Please mail completed form and check to: DTAC, P.O. Box 12053, Columbia, SC 29211

Please print your name, as it should appear on your name badge and certificate of attendance.

 Last Name First Name M I

 Last 4 digits of SS#

Please circle:

MD PA SW RN NP PharmD RD RPh CHES

Other (specify):

 Address

_____ _____ _____
 City State Zip

(____) ____ - _____ (____) ____ - _____
 Office Telephone Office Fax

_____ _____
 E-mail County of Employment

 Agency Name

On or before February 1, 2008

MDs	\$125
Other providers	\$100

After February 1, 2008

MDs	\$150
Other providers	\$125

Registration Costs

Payment must accompany registration.

For additional information, please contact Lanique Stepney at (803) 545-4471, or via

E-mail: Stepnells@dhec.sc.gov

RECOGNITION AWARDS ELIGIBILITY CRITERIA:

1. DHEC Regional Diabetes Educator of the Year Award:

Purpose: This award is presented to a distinguished health professional that has made outstanding educational efforts in the field of diabetes that impact the state of South Carolina in establishing higher standards for diabetes education.

Eligibility: Nominee must have been employed as a DHEC Regional Diabetes Educator for at least three (3) consecutive years, promoted education and advancement of diabetes standards of care, and contributes directly to the health of local communities, regions, or the state.

2. Certified Diabetes Educator of the Year Award:

Purpose: This award recognizes a certified diabetes educator who has made a special contribution to diabetes education through dedication and innovation in the daily practice of patient care.

Eligibility: Nominees must be currently employed as a Diabetes Educator. The nominee must have been a Certified Diabetes Educator (CDE) for at least three (3) years.

3. Physician/Physician's Assistant/Nurse Practitioner of the Year Award:

Purpose: This award recognizes an outstanding primary care provider in the field of diabetes in efforts to honor, stimulate, and acknowledge their dedication to quality and excellence in diabetes patient care.

Eligibility: Nominees must have been actively engaged in clinical practice for at least three (3) years, with attention to provision of patient-centered care based on the national diabetes recommended standards of care (clinical and self-management education).

4. Community Health Center of the Year Award:

Purpose: This award recognizes the outstanding contributions of a community health center in improving diabetes performance measures through improved health care delivery systems that increase access and decrease health disparities among medically underserved populations.

Eligibility: Nominees must have been participants of the National Diabetes Collaborative for at least two (2) years and have made substantial advancement in establishing an office practice system to improve care for patients through well defined measures, collaborative goals, engaging a team to participate in improvement activities, and collecting and reporting data needed to track improvement of health care outcomes. The sixteen **Community Health Centers participating in the Diabetes Collaborative that are eligible for nomination include:** (1) Beaufort-Jasper-Hampton Comprehensive Health Services (Ridgeland) (2) Black River Healthcare (Manning) (3) Carolina Health Centers (Greenwood) (4) CareSouth Carolina (Darlington/Hartsville) (5) Family Health Center (Orangeburg) (6) Franklin C. Fetter Family Health Center (Charleston) (7) Health Care Partners of SC (Conway) (8) Little River Medical Center (Little River) (9) Low Country Health Care System (Fairfax) (10) Margaret J. Weston Medical Center (Clearwater) (11) New Horizon Family Health Services (Greenville) (12) Regenesys Community Health Center (Spartanburg) (13) Richland Community Health Care Association (Columbia), (14) Sandhills Medical Foundation (Jefferson) (15) Sumter Family Health Center (Sumter) and (16) St. James-Santee Family Health Center (McClellanville).

5. Power to End Stroke Ambassador of the Year Award:

Purpose: This award recognizes an outstanding Power to End Stroke Ambassador who has served to promote education and awareness targeted at lowering the incidence of stroke in the African-American population. This campaign embraces and celebrates the culture, energy, creativity and lifestyles of African-Americans. It unites African-Americans to make an impact on the high incidence of stroke within their community.

Eligibility: Nominees must be actively spreading the PTES outreach message, effective and well received in their communities, and engaged in promoting PTES by finding creative venues and partners to support this important awareness and prevention campaign to lessen the burden of stroke in SC.

6. American Heart Association (AHA)/American Stroke Association (ASA) - Get with the Guidelines Hospital of the Year Award:

Purpose: This award recognizes a Get With The Guidelines (GWTG) Hospital that has made significant improvements in quality care for patients with cardiovascular disease and stroke.

Eligibility: Nominees must be using all three modules of the GWTG Program and have achieved the AHA's Participating Status and the Bronze level award (>85% compliance on all performance indicators for 90 consecutive days). Nominees must also show that they are engaged in the program by using concurrent chart review and by having an active GWTG team, a committed physician champion and GWTG program champion.

**RECOGNITION AWARDS
NOMINATION APPLICATION**

**The 6th Annual Diabetes/Heart Disease and Stroke Prevention Winter Symposium
Evidence-Based Management – Effective Communication to Improve Outcomes
February 22-23, 2008**

Deadline for Submission: February 1, 2008

I. Name of Nominee:

Title:

Organization:

Work Address:

City:

State:

Zip:

Day Phone: () - Fax: () -

E-mail:

II. Nominated for: (Please circle the appropriate award.)

1. DHEC Regional Diabetes Educator of the Year Award
2. Certified Diabetes Educator of the Year Award
3. Physician/Physician's Assistant/Nurse Practitioner of the Year Award
4. Community Health Center of the Year Award
5. Power to End Stroke Ambassador of the Year Award
6. American Heart Association (AHA)/American Stroke Association (ASA) - Get with the Guidelines Hospital of the Year Award

III. Name of Nominator:

Organization:

Day Phone: () -

Fax: () -

E-mail:

IV. Instructions: On the next page, please complete items 1 and 2 described below. Your responses to items 1 and 2 are limited to one page only. Optional item 3 does not count as part of this page limit. Any individual, organization, or association may nominate candidates.

1. Describe the activities and level of effort of the nominee who merits the award for which they are being nominated, addressing the eligibility criteria.
2. Describe the results or impact of the nominee's work, professional contributions and accomplishments. What were the identified outcomes? How is this work important or significant to diabetes prevention and control, and heart disease and stroke prevention efforts?
3. **Optional:** You may provide any supporting endorsements from individuals or organizations that you feel are appropriate.

The nomination form must be typed and mailed or faxed to:

Ms. Lanique Stepney
SC DHEC Diabetes Prevention and Control Program
1777 St. Julian Place, Room 130
Columbia, SC 29204
Phone: (803) 545- 4471 Fax: (803) 545-4921

RECOGNITION AWARDS NOMINATION APPLICATION
(Type your responses to Questions 1 & 2 on this page.)